

# CHICKEN FAVORITES

## FROM OUR WING BAR

	Total Cal
<b>Tenders</b>	<b>1,050 to 1,170/lb</b>
<i>Comes with Your Choice of Flavor: Plain (1050 Cal), Buffalo (1130 Cal), BBQ (1150 Cal) or Teriyaki (1170 Cal).</i>	
<b>Chicken Wings</b>	<b>820 to 1,130/lb</b>
<i>Comes with Your Choice of Flavor: Plain (820 Cal), Buffalo (1070 Cal), BBQ (1100 Cal) or Teriyaki (1130 Cal).</i>	

## FROM OUR ROTISSERIE

	Total Cal
<b>SuperBird Rotisserie Chicken</b>	<b>4,820</b>
<i>3.75 lb Cooked Weight, Serves 5 to 6 Available every day from 4pm to 7pm, Guaranteed!</i>	
<b>Big Y Rotisserie Chicken</b>	<b>3,240</b>
<i>32 oz Cooked Weight, Serves 3 to 4</i>	
<b>Shady Brook Farms® Turkey Breast</b>	<b>1,370</b>
<i>1.5 lb Cooked Weight, Bone In, Serves 2 to 3</i>	

## CHICKEN SPECIALTIES

	Total Cal
<b>Chicken Pot Pie, Individual, 6-Inch</b>	<b>620</b>
<b>Chicken Pot Pie, Family Size, 9-Inch</b>	<b>1,480</b>
<b>8 Piece Fried Chicken</b>	<b>2,850</b>
<i>2 Thighs, 2 Wings, 2 Breast Pieces and 2 Drumsticks</i>	



*Before placing your order, please inform your server (or person in charge) if a person in your party has a food allergy.*

**2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.**

*Some items not available in all stores*



# TAKE OUT MENU

- GRINDERS
- FRIED CHICKEN
- PIZZA
- SUPERBIRD
- AND MORE!

*Some items not available in all stores*

**BIGY.COM**

07/31/18- Chain



# AUTHENTIC FRESH PIZZA

## HAND TOSSED FROM FRESH STORE MADE DOUGH

Only the freshest, high quality ingredients.

	Total Cal	Large	Total Cal	Party
<b>Traditional Cheese</b> <i>Hand stretched dough topped with our sauce, made from fresh vine-ripened tomatoes, and our own special blend of mozzarella, provolone and romano cheeses.</i>	4,250		8,500	
<b>Pepperoni</b> <i>Our traditional cheese pizza topped with pepperoni or one topping of your choice.</i>	4,780		9,570	
<b>Veggie</b> <i>Our traditional cheese pizza topped with fresh mushrooms, red and green peppers and broccoli.</i>	4,500		8,990	
<b>The Combo</b> <i>Our traditional cheese pizza topped with onions, green peppers, pepperoni and sausage.</i>	5,360		10,380	
<b>The Works</b> <i>Our traditional cheese pizza topped with pepperoni, mushrooms, green peppers, black olives, ground beef and sweet sausage.</i>	5,240		10,480	
<b>Mac &amp; Cheese</b> <i>Our traditional cheese pizza topped with creamy mac &amp; cheese.</i>	5,050		10,100	
<b>Cheeseburger</b> <i>Our traditional cheese pizza topped with hamburger, pickles, shredded yellow cheddar, ketchup &amp; mustard.</i>	4,870		9,730	
<b>Additional Toppings</b>	20 - 540		40 - 1,070	

## SLICES & STROMBOLI MADE FRESH EVERY HOUR

	Total Cal
Store Made Stromboli	1,060 - 1,310
Any Large Pizza Slice	480 - 680



# GRINDERS



## OVERSTUFFED FRESH GRINDERS

Calories listed below include french baguette. Your choice of white (subtract 100/200 Cal), wheat (subtract 90/180 Cal) or rye (subtract 40/80 Cal) grinder roll, or Portuguese roll (subtract 60/120 Cal).

	Total Cal	Small	Total Cal	Large
<b>Veggie &amp; Cheese</b>	360		720	
<b>Tuna</b>	620		1,240	
<b>Italian Cold Cut</b>	710		1,430	
<b>Turkey</b>	450		910	
<b>Ham &amp; Cheese</b>	470		940	
<b>Roast Beef</b>	490		980	
<b>Super Tender</b>	810		1,610	
<b>Chicken Salad</b>	580		1,160	
<b>Meatball</b>	970		1,940	
<b>Sweet Sausage</b>	590		1,180	
<b>Reuben</b>	470		950	

## VALUE MEALS

### FREE

20 oz Water (Adds 0 Cal)  
with the Purchase of  
Any Large Grinder

### FREE

20 oz Soda (Adds 0 to 270 Cal)  
with the Purchase of  
Any Two Pizza Slices

## VISIT OUR KITCHEN TO GO CASE!

- Take & Bake Pizza– Just Like Our Pizza Shop!
- Wrap Sandwiches
- Fresh Garden Salads
- Fresh All Natural Soups
- And So Much More!



Some items not available in all stores