

Big Y Seafood Menu

Dinners & More

	Total Cal
Jumbo Fried Haddock Sandwich & Chip	1410
Jumbo Fried Haddock Sandwich & Cole Slaw	800
Fisherman's Platter <i>One Piece of Fried Pollock, Bay Scallops, Shrimp, Clam Strips and French Fries</i>	2680
Haddock Fisherman's Platter <i>One Piece of Fried Haddock, Bay Scallops, Clam Strips, Shrimp and French Fries</i>	2670
Fried Sea Scallop & Chips Dinner	1680
Fresh Jumbo Clam Shack (Fried Fresh Clam Strips)*	2110
Clam Shack (Fried Clam Strips)	3540
40 Piece Extra Large Fried Shrimp	1540
Family Size Fried Calamari*	1310
Family Size French Fries with Ketchup	1790
Family Size Sweet Potato Fries with Ketchup	1790
Family Size Beer Battered Onion Rings with Ketchup	1720
Store Made Potato Chips	420
Super Size Store Made Potato Chips	1060

Side Orders

	Total Cal
Fried Pollock	550
Fried Haddock	540
Fresh Jumbo Fried Clam Strips*	940
Fried Clam Strips	1660
10 Piece Fried Shrimp	400
Fried Sea Scallops	720
Fried Bay Scallops	770
Fried Calamari*	660
French Fries with Ketchup	760
Sweet Potato Fries with Ketchup	760
Beer Battered Onion Rings with Ketchup	710
Side Order Cole Slaw	140
Cole Slaw, 1 lb	650

Platters

	Total Cal
Shrimp Cocktail, 12 Count <i>Serves 1</i>	210
Shrimp Platter (51 to 60 Count) <i>Serves 11</i>	870
Shrimp Platter (31 to 40 Count) <i>Serves 10</i>	870
Shrimp Platter (26 to 30 Count) <i>Serves 9</i>	870
Shrimp Platter (16 to 20 Count) <i>Serves 8</i>	870



2,000 calories a day is used for general nutrition advice,
but calorie needs vary.

Additional nutrition information available upon request.

*Seasonal

Prepared in canola oil with 0 grams Trans Fat.

Value Meals

Total Cal

Fish & Chips Value Meal	1670
Haddock & Chips Value Meal	1660
Jumbo Fried Fish Sandwich & Chips Value Meal	1410
Jumbo Fried Fish Sandwich & Cole Slaw Value Meal	800
Fried Clam Strip Roll & Chips Value Meal	1810
Fried Clam Strip Roll & Cole Slaw Value Meal	1190
Fresh Jumbo Fried Clam Strip Roll & Chips Value Meal*	1460
Fresh Jumbo Fried Clam Strip Roll & Cole Slaw Value Meal*	840

*Includes a 20 oz. Fountain Soda
Which Adds an Additional 0 to 270 calories*

Seasonal Items

Total Cal

Lobster Roll Double	600
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Gold Coin Savings

Total Cal

Fish & Chips Dinner	1670
Haddock & Chips Dinner	1660
Family Fish Fry <i>Serves 3</i> <i>6 Pieces of Fried Pollock, 1.5 lbs French Fries, Cole Slaw and Condiments</i>	4930
Haddock Family Fish Fry <i>Serves 3</i> <i>6 Pieces of Fried Haddock, 1.5 lbs French Fries, Cole Slaw and Condiments</i>	5440

Save With Your Card

Total Cal

Fresh Jumbo Fried Clam Strip & Chips Dinner*	1840
Fried Clam Strip & Chips Dinner	2560
Fried Bay Scallop & Chips Dinner	1620
Jumbo Fried Fish Sandwich & Chips	1410
Jumbo Fried Fish Sandwich & Cole Slaw	800
Fresh Jumbo Fried Clam Strip Roll & Chips*	1460
Fresh Jumbo Fried Clam Strip Roll & Cole Slaw*	840
Fried Clam Strip Roll & Chips	1810
Fried Clam Strip Roll & Cole Slaw	1190
Fried Shrimp & Chips Dinner	1150

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